1. INTRODUCTION TO THE LEADERSHIP MODULE

REFLECTION EXERCISE

Take a moment to think about the **best** leader or manager you have ever known (i.e., fictional or in real-life).

1. What qualities do they have (e.g., are they very organised, approachable, or authoritative?)?

2. What do they do that constitutes them being the best leader (for example, do they give clear instructions and guidance, or do they involve you in decision-making processes)?

3. How do they make you feel (for example, do you feel more competent, more autonomous, or like you are part of the team?)?

CLEAR ALL