



1. INTRODUCTION TO THE RECRUITMENT MODULE

REFLECTION EXERCISE

Take a moment to think back to **before** you were a volunteer in your group.

1. How did you first find out about volunteering with the emergency services?
2. What processes did you go through to become a volunteer (e.g., who did you speak to, were you interviewed?)?
3. What did you enjoy about those processes?





4. What did you **not** enjoy about those processes?

