Firefighters are regularly exposed to potentially traumatic events (PTEs) as well as routine operational and organisational stressors. Which of these has the biggest impact on their mental health? Firefighters from ACTF&R, ACTRFS, CFS SA and NTF&R are participating in this study. The data gained through them completing a survey and interview will answer this and other questions.

The study is collecting data at two points in time, 12 months apart, and aims to improve our understanding of:

- The current mental health of Australian firefighters
- Which of the factors outlined above result in better or worse mental health
- How the mental health of Australian firefighters compares with overseas firefighters, other emergency services, and with the general population