FINDINGS



# Managing expectations and satisfying psychological needs are critical to the recruitment and retention of emergency services volunteers.

For more information, please email Patrick.Dunlop@curtin.edu.au.

## Enabling sustainable emergency volunteering

Associate Professor Patrick Dunlop<sup>1</sup>, Professor Marylène Gagné<sup>1</sup>, Associate Professor Aleksandra Luksyte<sup>2</sup>, Dr Darja Kragt<sup>3</sup>, Dr Djurre Holtrop<sup>1</sup>, & Hawa Muhammad Farid<sup>3</sup>.

<sup>1</sup> Future of Work Institute, Curtin University, <sup>2</sup> UWA Business School, University of Western Australia, <sup>3</sup> School of Psychological Science, University of Western Australia.

This project investigated the recruitment, wellbeing, diversity, and retention practices of State Emergency Service (SES) volunteers in Western Australia (WA). We conducted 70 volunteer interviews and two state-wide surveys with over 600 volunteers. This is a snapshot of the current and critical findings that will inform stakeholders and emergency services organisations on the practices that will help improve the recruitment and retention of emergency services volunteers.

#### **RECRUITMENT:** How do you recruit SES volunteers effectively?

- □ A key finding from the 70 volunteer interviews conducted was that managing expectations is critical to the effective recruitment and retention of emergency services volunteers.
- □ 109 quotes and 40 pictures representing SES volunteers in various roles were tested as potential recruitment messages that map into accurate and attractive expectations.
- □ The recruitment messages were tested with **112 current SES** volunteers and 453 community members (i.e., potential volunteers).
- Overall, 61 quotes and 28 pictures were rated as being; □ Most attractive by both current and potential volunteers, and □ Most accurate in representing SES volunteering experiences by current volunteers.
- A Recruitment Messaging Toolkit was then created and launched at the 2019 Western Australian Fire and Emergency Services (WAFES) conference to help volunteer leaders find recruitment messages that are able to set realistic expectations, using tailored messages, based on what the individual units can offer.





Access the Recruitment Messaging Toolkit here:



### **WELLBEING:** What makes SES volunteers happy?

Between September 2019 and February 2020, a Cultural Assessment Tool (CAT) survey was conducted to obtain information on the current state of volunteering in WA. The survey sample of 226 volunteers (43% women, Mean age = 46.9 years) were asked questions on different aspects of volunteering (e.g., volunteer needs, wellbeing, unit culture, leader support).

Based on the survey findings, the key areas of strength are listed below:

Volunteers are thriving through their learning experiences.	Volunteers feel valued and respected for their individual differences.	Unit leaders' behaviours are regarded very positively during and outside of call-outs.	Volunteers have stron social support from th team members who a non-leaders.
However, some key opp	portunities to improve inc	clude:	
Improving how energetic volunteers feel about their roles through social connectedness.	Giving volunteers more task autonomy.	Improving psychological safety, and feelings of competence and autonomy for women and volunteers who are non-leaders.	Including volunteers the units' decision- making processes.
		a comparison of the findings betw	
2018-19 and 2019-20 survey	s, access the full report from t bit.ly/ESEV2	he link below or from the QR coc	de given here:

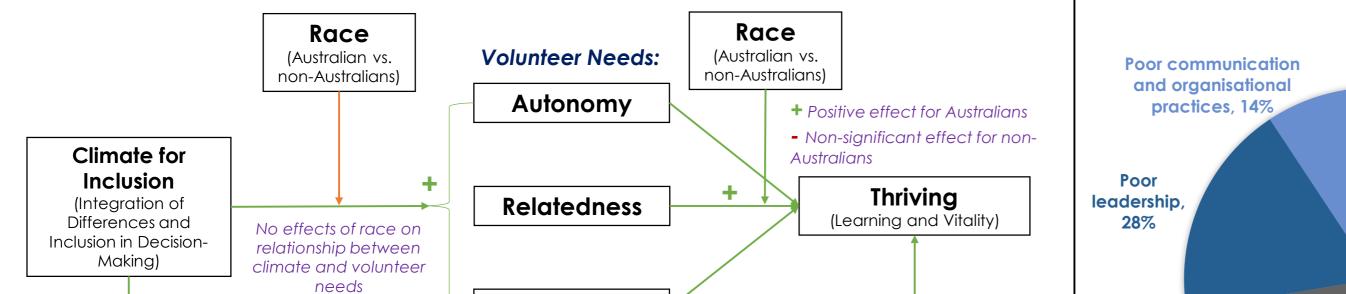
**QUITTING:** Why have volunteers considered leaving the SES?

support

Interpersonal

conflicts, 21%

#### **DIVERSITY:** Do volunteers of different nationalities thrive differently?



- □ This study investigated the responses of 254 volunteers (38.9% female, Mean age = 47.1 years) on the **reasons why they** have considered leaving SES in the past.
- □ These reasons are summarised in Figure 2. **High role**
- demands □ It is important to note that the reasons and low were provided by volunteers who were still serving as a volunteer. esources,



#### +

Figure 1: The interacting effects of an inclusive climate, psychological needs, and race on volunteers' thriving.



Irrespective of race, integrating individual differences and inclusion in decisionmaking is critical for satisfying the needs of all volunteers, which results in better thriving (i.e., volunteers feeling like they are energised and continuously learning).

For Australian volunteers, an inclusive climate was particularly important for thriving due to an increased sense of relatedness with other volunteers.

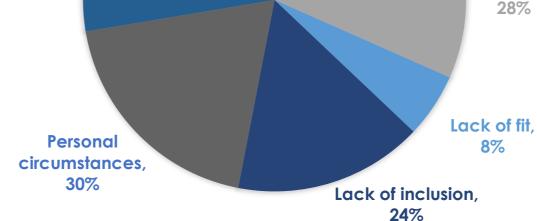


Figure 2: Reasons why SES volunteers have considered leaving the service.

- Several practices can be implemented in order to address these reasons. These include:
  - Providing flexible work arrangements that assist volunteers with their work commitments.
  - Giving volunteers more autonomy in their roles,
  - Encouraging volunteers for feedback on what organisational practices are unnecessary, and
  - Motivating leaders to be supportive in addressing volunteers' lack of fit and inclusion within their groups.



**Business Cooperative Research Centres Program** 





© 2020 Bushfire and Natural Hazards CRC bnhcrc.com.au