



Student Name: Heather Bancroft

Project Title: Mental health and wellbeing in firefighters: The impact of individual factors, and operational and organisational resources and demands on mental health outcomes

Commencement Date: June 2014

PHD PROGRESS REPORT 2015

The first 12 months of candidature have involved the following main activities:

- A review of the literature in order to clarify the gaps and develop specific questions for the current study
- Designing a method to enable the collection of relevant information which will answer the questions that are central to the study
- Developing the survey content to collect the information. This has involved assessing existing measures of mental health, and operational and organisational factors to select the most appropriate for the questions in this study
- Making presentations and talking to key people within the fire services to promote the study
- Liaising with experts in the field to assist with the activities outlined above